


September 2017

Catholic Charities Senior Dining Menu

Delano Senior Center

763-972-0574



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteers is \$7.75 - \$4.00. No Registered Guest 60+ is denied a meal based on their ability to pay. Guests under 60 pay \$7.75. Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act Program and Administered by Catholic Charities of the Diocese of St. Cloud.</p>				<p>Lemon Pepper Fish Baked Potato w/Sour Cream Steamed Broccoli Wheat Bread Mixed Fruit</p>
<p>Happy Labor Day! 4 </p>	<p>5 Beef Tips in Gravy Egg Noodles Squash Peaches Chocolate Mousse</p>	<p>6 Pork Roast Red Skinned Potatoes/Gravy Peas and Carrots Wheat Bread Pie</p>	<p>7 Tator Tot Casserole Corn Lettuce Salad Lemon Bar</p>	<p>8 Swiss Steak Onion Roasted Potatoes Beets Wheat Bread Fruit Cocktail</p>
<p>11 Hamburger on a Bun Baked Beans Coleslaw Sliced Pears</p>	<p>12 Apple Braised Pork Chop Mashed Potatoes w/Gravy Prince Edward Vegetables Wheat Dinner Roll Grandma's BB Crumb Cake</p>	<p>13 Chicken Wild Rice Casserole Candied Sweet Potatoes Zucchini Sticks w/Ranch Dip Wheat Bread Strawberry Cream Dessert</p>	<p>14 Turkey Tetrazzini Cucumber & Onion Salad Fresh Fruit Wheat Bread Snickerdoodle Cookie</p>	<p>15 Swedish Meatballs Parslied Potatoes Country Trio Vegetables Wheat Bread Whipped Gelatin</p>
<p>18 Oriental Chow Mein Rice Oriental Vegetables Mandarin Oranges Fortune Cookie Ice Cream</p>	<p>19 Roast Beef Whipped Potatoes w/Gravy Green Beans Wheat Bread Warm Fruit Compote</p>	<p>20 BBQ Pork on a Bun Hearty Vegetable Soup Confetti Vegetable Salad Chocolate Cake</p>	<p>21 Parmesan Chicken Breast Baked Potato w/Sour Cream Carrots Wheat Bread Cran-Apple Crunch</p>	<p>22 Egg Bake Orange Juice Tri-Tators Fresh Fruit Banana Cake</p>
<p>25 Meatloaf Scalloped Potatoes Carrots Wheat Bread Hot Sliced Apples</p>	<p>26 BBQ Chicken Potato Salad Coleslaw Wheat Dinner Roll Coconut Chewy Cookie</p>	<p>27 Liver & Onions <u>or</u> Mushroom & Onion Steak Whipped Potatoes w/Gravy Peas Wheat Bread Spice Bar</p>	<p>28 Baked Ham Sweet Potatoes Broccoli Normandy Wheat Bread Vanilla Pudding</p>	<p>29 Seafood Pasta Salad with Vegetables Lettuce Salad Wheat Bread Mississippi Mud Bars</p>

Frozen Meals are available for Saturday & Sunday