

October 2018



Catholic Charities Senior Dining Menu

Delano Senior Center

763-972-0574



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Swiss Steak Whipped Potatoes w/Gravy Corn Wheat Bread Peaches</p>	<p>2</p> <p>Spaghetti Noodles Tomato Meat Sauce Italian Lettuce Salad Applesauce Garlic Bread Brownie</p>	<p>3</p> <p>BBQ Riblet AuGratin Potatoes Peas & Carrots Wheat Bread Assorted Pie</p>	<p>4</p> <p>Baked Chicken Breast/Bun Baked Potato w/Sour Cream Broccoli Normandy Pudding</p>	<p>5</p> <p>Fish Fillet Sandwich Seasoned Potato Wedges Lettuce Salad Fruited Jello</p>
<p>8</p> <p>Mushroom/Onion Pork Chop Whipped Potatoes w/Gravy Vegetable Medley Wheat Bread Pears</p>	<p>9</p> <p>Goulash Corn Lettuce Salad Wheat Bread Oatmeal Raisin Bar</p>	<p>10</p> <p>Roast Beef w/Horseradish Whipped Potatoes w/Gravy Broccoli Normandy Dinner Roll Carrot Cake</p>	<p>11</p> <p>Parmesan Chicken Breast in Spaghetti Sauce Spaghetti Noodles Green Beans Peaches Cookie</p>	<p>12</p> <p>Tator Tot Casserole Lettuce Salad Wheat Bread Pineapple Tidbits</p>
<p>15</p> <p>Ground Beef Stroganoff Egg Noodles French Cut Green Beans Dinner Roll Ice Cream</p>	<p>Harvest Day 16</p> <p>Roasted Pork Loin w/ Baked Apple Slices Stuffing Roasted Vegetable Medley Fresh Baked Mixed Berry Cobbler</p>	<p>17</p> <p>Country Fried Steak Whipped Potatoes w/Gravy Squash Wheat Bread Sliced Pears</p>	<p>18</p> <p>Meatloaf Scalloped Potatoes Wheat Bread Pudding w/Topping</p>	<p>19</p> <p>Roast Turkey Whipped Potatoes w/Gravy Country Trio Vegetables Wheat Bread Jello Cake</p>
<p>22</p> <p>Sloppy Joe on a Bun Roasted Potatoes Corn Mixed Fruit</p>	<p>23</p> <p>Chicken Wild Rice Casserole Green Beans Pickled Beets Sherbet</p>	<p>24</p> <p>Roast Pork Whipped Potatoes w/Gravy Carrots Wheat Bread Cookie</p>	<p>25</p> <p>Oven Roasted Chicken Sweet Potatoes Peas Wheat Bread Angel Food Cake w/ Sliced Strawberries</p>	<p>26</p> <p>Egg Bake Parslied Potato Cubes Cranberry Juice Cinnamon Roll Baked Apple Slices</p> 
<p>29</p> <p>Hearty Stew French Bread Coleslaw Pudding</p>	<p>30</p> <p>Oriental Chow Mein Rice Oriental Vegetables Mandarin Oranges Fortune Cookie</p>	<p>31</p> <p>Porcupine Meatballs Cubed Potatoes Lettuce Salad White Cake</p> 	<p>1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteers is \$7.75 - \$4.00. No Registered Guest 60+ is denied a meal based on their ability to pay. Guests under 60 pay \$7.75. Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act Program and Administered by Catholic Charities of the Diocese of St.</p>	

Frozen Meals are available for Saturday & Sunday