


October 2017

Catholic Charities Senior Dining Menu

Delano Senior Center
763-972-0574



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>21</p> <p>Baked Chicken Breast/Bun Tri-Tator Patty Broccoli Normandy Wheat Bread Ice Cream</p>	<p>3</p> <p>Spaghetti Noodles Tomato Meat Sauce Italian Lettuce Salad Applesauce Garlic Bread Chocolate Cake</p>	<p>4</p> <p>Octoberfest Pork w/Sauerkraut Parslied Potatoes Harvard Beets Marble Rye Bread Apple Crisp w/Topping</p>	<p>5</p> <p>Swiss Steak Baked Potato w/Sour Cream Beets Wheat Bread Peaches</p>	<p>6</p> <p>Fish Fillet Sandwich Seasoned Potato Wedges Lettuce Salad Lemon Chiffon</p>
<p>9</p> <p>Country Fried Steak Whipped Potatoes w/Gravy Carrots Wheat Bread Pears</p>	<p>10</p> <p>Parmesan Chicken Breast Wild Rice Pilaf Tangy Green Beans Peaches Ginger Snap Cookie</p>	<p>11</p> <p>Roast Beef w/Horseradish Whipped Potatoes w/Gravy Broccoli Normandy Dinner Roll Banana Cream Pie</p>	<p>12</p> <p>Meatloaf Scalloped Potatoes Zucchini Wheat Bread Cinnamon Bread Pudding with Topping</p>	<p>13</p> <p>Egg Bake Tri-Tator Patty Cranberry Juice Coffee Cake Baked Apple Slices</p>
<p>16</p> <p>Breaded Chicken Whipped Potatoes w/Gravy Vegetable Medley Wheat Bread Pudding</p>	<p>17</p> <p>Goulash Corn Lettuce Salad Cherry Torte Bar</p>	<p>18</p> <p>Ground Beef Stroganoff Egg Noodles French Cut Green Beans Squash Sliced Pears</p>	<p>19</p> <p>BBQ Riblet O'Brien Potatoes Peas & Carrots Wheat Bread Carrot Cake</p>	<p>20</p> <p>Roast Turkey Whipped Potatoes w/Gravy Country Trio Veg. Wheat Bread Jello Cake</p>
<p>23</p> <p>Sloppy Joe on a Bun Roasted Potatoes Peas Applesauce</p>	<p>24</p> <p>Chicken Wild Rice Casserole Green Beans Zuchinni Sticks w/Ranch Dip Sherbet</p>	<p>25</p> <p>Roast Beef Whipped Potatoes w/Gravy Mixed Vegetables Wheat Bread Cowboy Cookie</p>	<p>26</p> <p>Oven Roasted Chicken Calico Beans Cucumber Slices Carrot Sticks Wheat Bread Angel Food Cake w/ Sliced Strawberries</p>	<p>27</p> <p>Mushroom/Onion Pork Chop Baked Potato w/Sour Cream Squash Dinner Roll Pineapple Tidbits</p>
<p>30</p> <p>Hearty Stew French Bread Seven Layer Salad Chocolate Mousse</p>	<p>31</p> <p><i>Happy Halloween</i> Tator Tot Hotdish Coleslaw Lemon Bar</p> 	<p>1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteers is \$7.75 - \$4.00. No Registered Guest 60+ is denied a meal based on their ability to pay. Guests under 60 pay \$7.75. Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act Program and Administered by Catholic Charities of the Diocese of St. Cloud.</p>		

Frozen Meals are available for Saturday & Sunday