

# The Great Upper Midwest White Pine Fires

Thursday, November 30



11:00 am

Historian Dan Hartman will recount tales from Peshtigo, Hinckley, Baudette, Virginia, Cloquet, and more.

## Book & Puzzle Sale



Wednesday, November 15:

8 a.m.-8 p.m. - **NEW EVENING HOURS!**

Thursday, November 16:

8 a.m.-4:30 p.m.

Friday, November 17:

8 a.m.-2 p.m.



**Please bring donations beginning November 1**

### *The Immigrant's Story: Found in Translation* by Arna Rennan



Wednesday, November 8

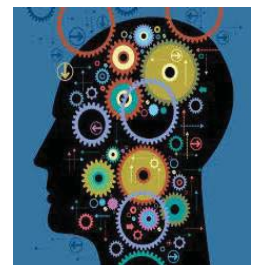
11:00 a.m. – 12:00 p.m.

As a child of immigrants, Arna has studied in-depth the music and culture of Norway. Join us as she shares immigrants' stories that have been set to song. She includes music from a variety of genres, including the simple four-lined poems, broadsides, waltz tunes, and vaudeville songs.

Presented in partnership with the Delano Library and the Legacy grant.

## AARP Presents: "Staying Sharp: Brain Games"

Thursday, November 9 12:45 p.m.



The risk of memory loss and serious cognitive decline advance with age. However, there are many steps we can take to stay mentally sharp and it takes a holistic approach with exercise, learning, stress management, diet, and connecting with others. During this workshop, we will discuss the five pillars of brain health and play some challenging brain teasers to get our neurons firing!

**Starting at 10 A.M.**



# Old-Fashioned Christmas Saturday, December 2 Downtown Delano

- Live music
- Senior Boutique
- Ethnic holiday foods
- Children's activities
- Parade – 2 p.m.

## New-afternoon & evening events!

- Kris Kringle Market
- Old-fashioned beer tapping
- Noel Pub Crawl
- & more!

Do your holiday shopping with the senior center!

- Eden Prairie – November 6
- New Hope & HyVee - November 29
- Monticello – December 6
- Eden Prairie – December 14



Dates we are closed: November 10, November 23 & 24, December 25 & 26

**Sunday,  
November 5  
2:00 a.m.**



**First Thursday  
Fireside Chat**

**Nov. 2-**The Estates at Delano – Jammie Hernandez & Leah Schreder

**Dec. 7-**Delano School Board Chair Amy Johnson

**LEGAL AID HELP** -1<sup>st</sup> Monday of every month 1:00 Call for appointment 763-972-0574

**EYEGLOSS SMALL REPAIR & ADJUSTMENT** – 1<sup>st</sup> Tuesday of every month at 11:30

**BLOOD PRESSURE CLINIC** – Tuesdays from 12:00-2:00

**Wright County WOW Wellness Clinic** – Every 2<sup>nd</sup> Tuesday of the month from 2:00-6:00 p.m.

**60+ & Healthy Foot Clinic** – 4th Thursday of every odd numbered month from 9:30-11:30

**NAPS pickup** – Every 2<sup>nd</sup> Monday of the month from 1:00-2:00

**CHAIR YOGA** – 9:15 am every Wednesday. Suggested donation- \$3-\$5 per class

**EXERCISE** – Wed & Fri from 11:20-11:40

**CHOIR** – practice 10:00 Mondays

**BINGO**—11:15 Monday & 12:40 Friday

**“500” CARDS** – 2<sup>nd</sup> & 4<sup>th</sup> Wednesday at 1:00

**BRIDGE**—2<sup>nd</sup> & 4<sup>th</sup> Monday at 1:00

**CRIBBAGE** – 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1:00

**MOVIE** – 1:00 every Tuesday

**BOOK CLUB** – 3<sup>rd</sup> Wednesday of the month at 10:30

**WRITERS' GROUP** –1<sup>st</sup> & 3<sup>rd</sup> Thursday at 10:30

**KNITTING/CROCHETING GROUP** – 9:00 every Thursday

**“MEXICAN TRAIN” DOMINOES** – 1:00 every 2<sup>nd</sup> & 4<sup>th</sup> Tuesday

**FARKEL** – 1:00 every 1<sup>st</sup> & 3<sup>rd</sup> Tuesday

**STORY THEATER** – will practice as performances require

**BIRTHDAYS CELEBRATED** – 2<sup>nd</sup> Monday of each month at 12:00

**ALZHEIMER/DEMENTIA SUPPORT GROUP** – 3<sup>RD</sup> Wednesday at 1:00 (unless otherwise noted)

**PARKINSON'S SUPPORT GROUP** – 3<sup>rd</sup> Thursday at 1:00 (unless otherwise noted)

**HALO's (Helpers of Aging Love Ones)** – 6:30 p.m. every 2<sup>nd</sup> Tuesday of the month

## Ready Readers Book Club

Meets the 3<sup>rd</sup> Wednesday  
of the month at 10:30

**Upcoming Titles:**

November 15: Run by Ann Pachett

December 20: The Mistletoe Murders by P.D. James

January 17: The River Wife by Jonis Agee