

March 2017

Catholic Charities Senior Dining Menu

Delano Senior Center
763-972-0574

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p>1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteers is \$7.75 - \$4.00. No Registered Guest 60+ is denied a meal based on their ability to pay. Guests under 60 pay \$7.75. Call between 10:30 am-1:00 pm for more information. Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act Program and Administered by Catholic Charities of the Diocese of St. Cloud.</p> | | | | |
| | | 1 | 2 | 3 |
| | | Breaded Fish Rosemary Roasted Potatoes Broccoli Normandy Wheat Bread Pie | Chili Italian Lettuce Salad Fruit Salad Cornbread Two-Tone Dessert | Seafood Pasta Salad with Vegetables Chunky Tomato Soup Baked Apple Slices |
| 6 | 7 | 8 | 9 | 10 |
| Porcupine Meatballs in Tomato Sauce Seven Layer Salad Rice Pilaf Peaches | Roast Beef w/Horseradish Whipped Potatoes w/Gravy Broccoli Normandy Dinner Roll Carrot Cake | Oven Roasted Chicken Red Skinned Potatoes Peas Bread Pudding | Chicken Caesar Wrap Hearty Vegetable Soup Mandarin Oranges Strawberry Cream Dessert | Lemon Pepper Fish AuGratin Potatoes Beets Wheat Bread Moon Cake |
| 13 | 14 | 15 | 16 | 17 |
| Mushroom/Onion Pork Chop Baked Potato w/Sour Cream Squash Dinner Roll Lemon Chiffon | Shepard's Pie Crunchy Romaine Salad Wheat Bread Apple Upside Down Cake | Liver & Onions or Hamburger Patty w/Gravy Whipped Potatoes w/Gravy Mixed Vegetables Wheat Bread Pumpkin Bar | Corned Beef and Cabbage Irish Potatoes Rye Bread Leprechaun Poke Cake | Baked Potato topped with Broccoli & Cheese Lettuce Salad Breadstick Cowboy Cookie |
| 20 | 21 | 22 | 23 | 24 |
| Parmesan Chicken Breast Campfire Potatoes Carrots Wheat Bread Applesauce | Roast Turkey Scalloped Potatoes Harvard Beets Wheat Dinner Roll Peaches | BBQ Pork on a Bun Cream of Potato Soup Confetti Vegetable Salad Brownie | Spaghetti Noodles Tomato Meat Sauce Green Beans Garlic Bread Ice Cream | Egg Bake Tri-Tators Fresh Fruit Blueberry Crumb Cake Orange Juice |
| 27 | 28 | 29 | 30 | 31 |
| Baked Pork Chop Whipped Potatoes/Gravy Mixed Vegetables Peach Slices Pudding | Ham & Cheese Sandwich Cream of Broccoli Normandy Soup Lettuce Salad Cherry Torte Bar | Goulash Corn Lettuce Salad Snickerdoodle Cookie | Turkey Tetrazzini Carrots Dinner Roll Fresh Fruit Fruit Crumb Cake | Fish Fillet Sandwich Seasoned Potato Wedges Peas Ice Cream Gelatin |

Frozen Meals are available for Saturday & Sunday