

July 2017



# Catholic Charities Senior Dining Menu

Delano Senior Center



763-972-0574

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Beef Tips in Gravy Egg Noodles French Cut Green Beans Lettuce Salad Baked Sliced Apples	4 Dining Site Closed  <i>July 4<sup>th</sup></i>	5 Roast Turkey Whipped Potatoes w/Gravy Country Trio Vegetables Dinner Roll Pie	6 BBQ Pork on a Bun O Brien Potatoes Broccoli Raisin Salad Cookie	7 Salmon Loaf Baked Potato Peas in Cream Sauce Wheat Dinner Roll Sweetened Strawberries
10 Deviled Pork Chop Oven Roasted Potatoes Whole Kernel Corn Wheat Bread Applesauce	11 <b>Up North Day</b> Campfire Stew Salad Greens Cornbread S'mores Cookie	12 Roast Beef w/Horseradish Whipped Potatoes w/Gravy Scandinavian Blend Veg. Dinner Roll Fresh Fruit	13 Breaded Fish Tri-Tator Beets Brownie	14 Hamburger on a Bun Baked Beans Coleslaw Peaches Pudding
17 Country Fried Steak O Brien Potatoes Seasoned Peas Wheat Bread Sliced Pears	18 Hot Roast Pork Sandwich Whipped Potatoes w/Gravy Green Beans Wheat Bread Gingerbread w/Topping	19 Meatloaf Baked Potato w/Sour Cream Corn Wheat Bread Ice cream	20 BBQ Chicken Scalloped Potatoes Squash Wheat Bread Peaches	21 Lemon Pepper Fish Creamy Potato Bake Broccoli w/Cheese Sauce Wheat Bread Mixed Fruit
24 Swedish Meatballs Parslied Potatoes Country Trio Vegetables Wheat Bread Grapes	25 Oven Roasted Chicken Whipped Potatoes w/Gravy Dilled Carrots Wheat Dinner Roll Pineapple	26 Lasagna Green Beans Lettuce Salad Garlic Breadstick Raspberry Parfait	27 Liver & Onions or Hamburger Patty w/Gravy Whipped Potatoes w/Gravy Mixed Vegetables Wheat Bread Frosted Cake	28 Chicken/Dressing Casserole Seasoned Corn Cucumber/Onion Salad Wheat Dinner Roll Pumpkin Pie Square
31 Spaghetti Noodles Tomato Meat Sauce Green Beans Garlic Bread Pudding	1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteers is \$7.75 - \$4.00. No Registered Guest 60+ is denied a meal based on their ability to pay. Guests under 60 pay \$7.75. Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act Program and Administered by Catholic Charities of the Diocese of St. Cloud.			

Frozen Meals are available for Saturday & Sunday