

February 2018

Catholic Charities Senior Dining Menu

Delano Senior Center

763-972-0574



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Spaghetti Noodles Tomato Meat Sauce Italian Lettuce Salad Applesauce Garlic Bread Mississippi Mud Bars	Chicken/Dressing Casserole or Breaded Fish Green Beans Cucumber/Onion Salad Wheat Bread Grapes
5	6	7	8	9
Goulash Seven Layer Salad Cauliflower Wheat Bread Sliced Peaches	Swiss Steak Onion Roasted Potatoes Beets Wheat Bread Frosted White Cake	Oven Fried Chicken Scalloped Potatoes Wax Beans Wheat Bread Pie	Roast Beef w/Horseradish Whipped Potatoes w/Gravy Peas and Carrots Wheat Dinner Roll Mandarin Oranges	Breaded Fish Rosemary Roasted Potatoes Broccoli Normandy Wheat Bread Peanut Butter Bar
12	13	14	15	16
Chicken Tettrazini Sweet Potatoes Mandarin Almond Salad Wheat Bread Vanilla Pudding w/Bananas	Beef Tips in Gravy Egg Noodles Cucumber Salad/Marinated Lettuce Salad Pears	Happy Valentine's Day Parmesan Chicken Breast or Fish Filet Baked Potato w/Sour Cream Green Beans w/Almonds Wheat Dinner Roll Strawberry Shortcake	Roast Turkey Whipped Potatoes w/Gravy Country Trio Vegetables Wheat Bread Snickerdoodle Cookie	Porcupine Meatballs or Egg Salad Sandwich Parslied Potatoes Peas in Cream Sauce Wheat Bread Fresh Fruit
19	20	21	22	23
Closed for President's Day	Hot Roast Pork Sandwich Whipped Potatoes w/Gravy Squash Brownie	Meatloaf Scalloped Potatoes Corn Wheat Bread Old Fashioned Trifle	BBQ Chicken Potato Salad Carrots Wheat Bread Lemon Chiffon	Lemon Pepper Fish Baked Potato w/Sour Cream Steamed Broccoli Wheat Bread Mixed Fruit
26	27	28	1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteers is \$7.75 - \$4.00. No Registered Guest 60+ is denied a meal based on their ability to pay. Guests under 60 pay \$7.75. Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act Program and Administered by Catholic Charities of the Diocese of St. Cloud.	
Hamburger on a Bun Tri-Tators Creamy Coleslaw Tapioca Pudding	Lutefisk Swedish Meatballs Lefse Parslied Potatoes Country Trio Vegetables Chocolate Mousse	Country Fried Steak Rosemary Potatoes Cinnamon Carrots Wheat Bread Applesauce		

Frozen Meals are available for Saturday & Sunday