

Verizon Tech Help – 2nd Thursday of the month, 10:00-11:00.

How do I transfer pictures from my phone to my computer? Why does my phone do this? Can my iPad “talk” to my phone?

Staff from Verizon will be here to assist you with common questions about your gadgets.

Bring your gadgets and sit one on one with Jed Angell, manager of Delano Verizon.

Thank you to Delano Verizon for this free service.



Seeking choir members ~ practice is Monday mornings at 10 a.m.



Music with
Marienne Kreitlow
Thursday, December 7
11:00 am

Do your holiday shopping with the senior center!



- Monticello – December 6
- Eden Prairie – December 14

Wright County Wellness on Wheels

is here every 2nd Tuesday of the month from 2 p.m.-6p.m. to provide services such as B/P checks, cholesterol checks, hemoglobin, blood glucose and more. All services performed by registered nurses.



We will be closed: December 25 & 26

LEGAL AID HELP -1st Monday of every month 1:00 Call for appointment 763-972-0574

EYEGLOSS SMALL REPAIR & ADJUSTMENT – 1st Tuesday of every month at 11:30

BLOOD PRESSURE CLINIC – Tuesdays from 12:00-2:00

Wright County WOW Wellness Clinic – Every 2nd Tuesday of the month from 2:00-6:00 p.m.

60+ & Healthy Foot Clinic – 4th Thursday of every odd numbered month from 9:30-11:30

NAPS pickup – Every 2nd Monday of the month from 1:00-2:00

CHAIR YOGA – 9:15 am every Wednesday. Suggested donation- \$3-\$5 per class

EXERCISE – Wed & Fri from 11:20-11:40

CHOIR – practice 10:00 Mondays

BINGO—11:15 Monday & 12:40 Friday

“500” CARDS – 2nd & 4th Wednesday at 1:00

BRIDGE—2nd & 4th Monday at 1:00

CRIBBAGE – 1st & 3rd Wednesday at 1:00

MOVIE – 1:00 every Tuesday

BOOK CLUB – 3rd Wednesday of the month at 10:30

WRITERS’ GROUP –1st & 3rd Thursday at 10:30

KNITTING/CROCHETING GROUP – 9:00 every Thursday

“MEXICAN TRAIN” DOMINOES – 1:00 every 2nd & 4th Tuesday

FARKEL – 1:00 every 1st & 3rd Tuesday

STORY THEATER – will practice as performances require

BIRTHDAYS CELEBRATED – 2nd Monday of each month at 12:00

ALZHEIMER/DEMENTIA SUPPORT GROUP – 3RD Wednesday at 1:00 (unless otherwise noted)

PARKINSON’S SUPPORT GROUP – 3rd Thursday at 1:00 (unless otherwise noted)

First Thursday
Fireside Chat

Dec. 7-Delano School Board
Chair Amy Johnson



~Delano Senior Center ~
Find us at www.delanoseniorcenter.com

