



Mon.	Tue.	Wed.	Thu.	Fri.
		<p align="center">1</p> <p>8-4:30 Open Scrapbooking (Day 2/2) 9:15 Chair Yoga 10:00 Lunch Around the World: Jewish Cuisine at Cecil's Deli 1:00 Cribbage 1:00 Mahjong</p> <div style="border: 1px solid black; padding: 2px; text-align: center;">5-8 p.m. Taste of Delano</div>	 <p align="center">2</p> <p>9 – 10 Fireside Chat with Delano Librarian Theresa Jacobs 9 – 12 Knitters & crocheters 10:30 Writers' Group 11:00 Hennepin Co. Lunch Bus</p>	<p align="center">3</p> <p>8:45 Barn Quilts of Carver County-The Stitch Loop Tour 11:20-11:40 Exercise 12:40 Bingo</p>
<p align="center">6</p> <p>10:45 Al & Alma's Lake Minnetonka lunch cruise 11:15 Bingo 1:00 Golf-card game 1:00 Legal Aid available by apt.</p>	<p align="center">7</p> <p>11:00 Hennepin Co. Lunch Bus 11:30 Eyeglass adjustment/small repair 12-2:00 B/P Clinic 1:00 Movie: <i>Thoroughbreds</i></p> <div style="border: 1px solid black; padding: 2px; text-align: center;">National Night Out</div>	<p align="center">8</p> <p>9:15 Chair Yoga 11:15 <i>Beehive: The 60's Musical</i> at Old Log Theater 11:20-11:40 Exercise 1:00 Mahjong 1:00 Cards-500</p>	<p align="center">9</p> <p>8-12 SCSU 4-hour driving class 9 – 12 Knitters & crocheters 9:15 Eden Prairie Shopping 10 – 11 Tech help with Verizon of Delano</p>	<p align="center">10</p> <p>11:20-11:40 Exercise 12:40 Bingo</p>
<p align="center">13</p> <p>11:15 Bingo 12:00 Celebrate August Birthdays 1:00 Golf-card game 1:00 Bridge 1:00-2:00 NAPS pickup</p>	<p align="center">14</p> <p>12-2:00 B/P Clinic 1:00 Movie: <i>Chappaquiddick</i> 2:00-6:00 Wright County WOW Wellness Clinic</p>	<p align="center">15</p> <p>8 a.m.-4:30 p.m. Garage Sale 9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Cribbage 1:00 Mahjong</p> <div style="text-align: center;">  </div>	<p align="center">16</p> <p>8 a.m.-4:30 p.m. Garage Sale 9 – 12 Knitters & crocheters 9:30-1:00 Pie Social 11:00 music with Mell-o Knights 10:00 Hennepin Co. Lunch Bus</p>	<p align="center">17</p> <p>8 a.m.-2 p.m. Garage Sale 11:20-11:40 Exercise 12:40 Bingo</p>
<p>←————— G a r a g e S a l e —————→</p>				
<p align="center">20</p> <p>11:15 Bingo 1:00 Golf-card game</p>	<p align="center">21</p> <p>7:30 Treasure Island Casino trip 12:00-2:00 B/P Clinic 1:00 Movie: <i>Black Panther</i></p>	<p align="center">22</p> <p>9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Cards-500 1:00 Mahjong</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> Alexandria overnight trip-van leaves 9 a.m. Wednesday returns approximately 5 p.m. Thursday </div>	<p align="center">23</p> <p>9 – 12 Knitters & crocheters</p>	<p align="center">24</p> <p>11:00 Hennepin Co. Lunch Bus 11:20-11:40 Exercise 12:40 Bingo</p>
<p align="center">27</p> <p>8:00 MN State Fair Trip 11:15 Bingo 1:00 Golf-card game 1:00 Bridge</p>	<p align="center">28</p> <p>8:30 Tai Chi Starts 12:00-2:00 B/P Clinic 1:00 Movie: <i>The Man Who Invented Christmas</i></p>	<p align="center">29</p> <p>9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Mahjong 5:30-9:30 AARP 4-hr Driving Class</p>	<p align="center">30</p> <p>7:30 Little Falls Day trip 9 – 12 Knitters & crocheters</p>	<p align="center">31</p> <p>11:20-11:40 Exercise 12:40 Bingo</p>

Dad's Belgian Waffles

All You Can Eat



Serving:
Waffles
Sausages
Flavored Syrups
Drink

Saturday, September 8

7:30 ~ 11:30

Take Outs Available!!

Cost: \$8.00 in advance, \$9.00 at the door, age 5 and under \$3.00

“Corporate Deal” ~ 12 tickets for \$84.00

Silent Auction from 8:00 ~ 11:00

Proceeds benefit the Delano Fire Relief Association and the Delano Senior Center

Tai Chi

Tai Chi - sometimes called “moving meditation” is ancient form of movement that helps improve balance by moving your body slowly, gently, and precisely, while breathing deeply.

This form of tai chi can be done standing or sitting and is suitable for people of all ages and abilities.

Tuesdays beginning August 28

8:30-9:30 a.m. Yang 10 form (beginners)

9:30-10:00 a.m. Informational speaker on health and wellness topic

10:30-11:30 Yang 24 form (intermediate)

Tai Chi is offered free of charge, thanks to a grant from Allina Health

Delano Senior Center Garage Sale



Acceptable donation items include:

Gently used household items, books, toys, games, puzzles, crafts, tools, small appliances, some furniture items, some electronics, etc.

Items we cannot accept:

Clothing, appliances, car seats, & larger furniture items.

If you have questions about an item you have, please contact Nick at 763-972-0574 or nneaton@delano.mn.us

Wednesday, August 15

8 a.m.-4:30 p.m.

Thursday, August 16

8 a.m.-4:30 p.m.

Friday, August 17

8 a.m.-2:00 p.m.



We will begin accepting donations Monday, July 30
Many hands are needed, if you are interested in volunteering for this event, please sign up at the front desk

11th Annual Taste of DELANO

Wednesday, August 1

5 – 8 p.m.

Central Park



Delano
National Night Out
Tuesday, August 7

National Night Out is a great way to connect neighbors and create and sustain healthy and safe neighborhoods.

PIE SOCIAL



Thursday, August 16
9 a.m.-1 p.m.

Music at 11 by “The Mello-Knights”

Delano Senior Center



~Delano Senior Center~

Find us at www.delanoseniorcenter.com

