

# August 2017



# Delano Senior Center



# 763-972-0574

Mon.	Tue.	Wed.	Thu.	Fri.
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	11:30 Eyeglass adjustment/small repair 12-2 B/P Clinic 1:00 Movie: <i>Emma</i> (1996) 1:00 Farkel	9:15 North Minneapolis History Tour 9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Cribbage 1:00 Mahjong 5:00-8:00 Taste of Delano	9 – 10 <i>First Thursday Fireside Chat</i> with Coborn's pharmacist Monica Kowalke 9 – 12 Knitters & crocheters 10:30 Writers' Group 10:30 Golden Corral Lunch Trip 1:00 Walking Club	11:20-11:40 Exercise 12:40 Bingo
<b>7</b>	<b>8</b> <i>Two Buck Tuesday</i>	<b>9</b>	<b>10</b>	<b>11</b>
11:15 Bingo 1:00 Legal Aid available by appointment 1:00 Golf-card game	11:00 music by The Mello Knights 12-2 B/P Clinic 1:00 Mexican Train 1:00 Movie: <i>Miss Sloane</i> 2:00-6:00 Wright County WOW Wellness Clinic	9:00 Monticello Shopping 9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Cards-500 1:00 Mahjong	7:30 Lanesboro trip & Amish Country tour 9 – 12 Knitters & crocheters	8-12 SCSU 4-Hour Driving Class Refresher 11:20-11:40 Exercise 12:40 Bingo
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
10:45 Al & Alma's Lunch Cruise 11:15 Bingo 12:00 Celebrate August Birthdays  1:00-2:00 NAPS Pickup 1:00 Golf-card game 1:00 Bridge	10:00 Balance screening & informational presentation 12:00-2:00 B/P Clinic 1:00 Farkel 1:00 Movie: <i>The Shack</i>	85+ Party sponsored by State Bank of Delano. Music by Bill Mann starts at 11:00 a.m. 9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Cribbage 1:00 Mahjong 1:00 Alzheimer's & Dementia Caregivers Support Group	9:00 Hutchinson shopping trip 9 – 12 Knitters & crocheters 1:00 Walking club 1:00 Parkinson Support Group	11:20-11:40 Exercise 12:40 Bingo
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
11:15 Bingo 1:00 Golf-card game	7:30 Grand Casino-Hinckley trip 12:00-2:00 B/P Clinic 1:00 Mexican Train 1:00 Movie: <i>Passengers</i>	9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Cards-500 1:00 Mahjong 5:30 p.m. St. Paul Saints vs Wichita Wingnuts	8:45 St. Paul Caves & Gangster Tour 9 – 12 Knitters & crocheters	11:20-11:40 Exercise 12:40 Bingo
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
8:00 MN State Fair trip 11:15 Bingo 1:00 Bridge 1:00 Golf-card game	12:00-2:00 B/P Clinic 1:00 Movie: <i>Christine</i> (2016)	9:15 Chair Yoga 11:20-11:40 Exercise 1:00 Cribbage 1:00 Mahjong 5:30-9:30 AARP 4-hour Driving Class Refresher	9:00 Oliver Kelley Farm Tour 9 – 12 Knitters & crocheters	